



**225 S Bluff Street
Winnebago, NE
68071**

Wyatt

**Hoefler Marketing
Specialist**

wyatt.hoefler@wchs.health
th 402-745-3950 x 1214

WCHS Launches CredibleMind

Winnebago, NE – The Winnebago Comprehensive Healthcare System’s Behavioral Health Department is launching a new platform for mental health resources. In partnership with CredibleMind, they have created a site where relatives can be assessed for behavioral health conditions, find community resources for mental health, and get educated about various struggles and coping strategies.

The CredibleMind platform represents a monumental leap forward in providing accessible, effective, and personalized mental health resources to individuals and families. Through this groundbreaking site, WCHS aims to address the growing need for mental health support, offering a wide range of resources, tools, and services for individuals seeking help or seeking to support loved ones. CredibleMind provides users with access to self-help and healthy coping mechanisms, expert insights, community resources, and a variety of mental health assessments, allowing individuals to tailor their approach to mental wellness to suit their unique needs. Additionally, the platform's user-friendly interface and comprehensive options ensure that individuals can receive the support they deserve, regardless of their background or experience with mental health care.

"We are thrilled to introduce the CredibleMind platform, as it represents a significant step towards enhancing mental healthcare accessibility and support within our community," said David Edwards, WCHS CEO. "Our goal is to empower individuals to take charge of their mental wellness journey, and the CredibleMind site will serve as a crucial resource in achieving this mission."

The launch of CredibleMind aligns with the Winnebago Comprehensive Healthcare Systems' commitment to providing innovative, compassionate, and inclusive healthcare services to the community. With its emphasis on personalized support and evidence-based resources, the platform stands poised to make a positive impact on the mental wellness of individuals and families across the region.

Individuals interested in learning more about the CredibleMind platform and its services are encouraged to visit <http://www.winnebagopublichealth.com/behavioralhealth/> for additional information. Those currently experiencing a mental health emergency are encouraged to call our after hours crisis line at 712-259-3263 or dial 911. WCHS Behavioral Health hours are Monday through Friday 8:00 AM to 4:30 PM, but the crisis line is 24/7.

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The Winnebago Comprehensive Healthcare System (WCHS) is dedicated to creating and sustaining a healthy community in Winnebago and all the populations we serve. Our organization provides an integrated approach to medicine by offering care services that are compassionate, innovative, and culturally-centered. Our goal is to lead the nation in health for indigenous people by challenging the culture of healthcare for the 10,000 Native Americans who live on the Winnebago Reservation and in the surrounding region. The rural healthcare services we provide include renowned acute care hospital services, a robust primary care clinic, and impressive prevention programs designed to educate encourage, and support the mental, environmental, social, and physical wellness needs of the Winnebago community. Visit www.wchs.health to learn more.

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